

massage therapy



After a brief consultation with you, our qualified massage therapists will assess your body's needs and deliver a treatment that will relax, revive and invigorate.

Back, Neck & Shoulders (Firm pressure to relieve tension)	25 mins	\$80.00
Full Body Massage (Focus on target areas)	50 mins	\$105.00
	75 mins	\$140.00
Head, Hands, & Feet	30 mins	\$75.00
Foot and Leg Therapy Helps relieve tired, aching feet and swollen, sore ankles and calves.	30 mins	\$75.00
Neck & Scalp Massage A head, neck and shoulder massage to release tension, headaches and anxiety that includes a hair and scalp treatment mask to leave your hair silky soft.	30 mins	\$70.00
Mother-To-Be	30 mins	\$75.00
Mother-To-Be - nurturing massage (not recommended until after the first trimester)	60 mins	\$100.00

facial treatments

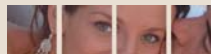


Club Spa's professional Skin Therapists will analyse your skin and tailor a facial to suit your needs.

Marine Revive Facial Double cleanse, exfoliation, mask treatment and moisturiser application	30 mins	\$80.00
Marine Replenishing Facial Double cleanse, steam therapy, exfoliation, facial massage, mask treatment and moisturiser application	60 mins	\$110.00
Ultimate Facial Double cleanse, steam therapy, exfoliation, facial massage, high performance mask treatment, moisturiser application	90 mins	\$150.00
Professional Skin Analysis As trained Skin Therapists, we can advise you of your skins individual needs and guide you on which treatments and home care products will help to keep your skin balanced and in the best possible health.	15 mins	\$10.00
Make Up Enjoy the colour, coverage and benefits of our mineral based make up range, Cosmetic Lab.	30 mins	\$85.00



couples retreat



Club Spa Dual Massage **60 mins** **\$185.00**
Our skilled massage therapists will relieve your tension and help you unwind in tropical bliss as you lay side by side. A shared memory.

Long Island Getaway **60 mins** **\$220.00**
Getaway from it all and recharge and renew with a 30 mins Massage and a Marine Revive Facial. You will both look and feel sensational.

essential extras



Hydrotherapy Bath **30 mins** **\$40.00**
The hydrotherapy tub incorporates four different body zones and uses specifically placed water and air jets, programmed to target individual body areas. This enables a concentrated treatment that stimulates circulation and improves toxic elimination through lymphatic drainage.

Vibro Massage **15 mins** **\$30.00**
The Vibro Massage table provides an immediate sense of relaxation and stress relief, helping reduce the discomfort of aching muscles and can be adjusted to a delicate or deep-penetrating vibrational massage. (Extra \$10.00 with infrared)

Steam Sauna **15 mins** **\$30.00**
The steam sauna uses a moist heat that is deeply cleansing for the skin and stimulates the body's elimination system, also perfect before a massage as it warms the muscles ready for manipulation.

Infrared Sauna **15 mins** **\$30.00**
The infrared sauna provides a dry, radiant heat that reaches deep into the muscular structure, increasing cell metabolism. One treatment consumes similar amounts of calories to an aerobic workout!! Great for weight management programs and for deep-seated muscular problems.

Golden Glow **60 mins** **\$90.00**
A safe and effective way to obtain a natural, golden tan without exposure to the sun's damaging UV rays. Our marine body peel sloughs off surface skin cells, then we evenly apply "Tan-line" spray-tan giving your body a natural realistic golden tan.

Spray Tan **15 mins** **\$60.00**

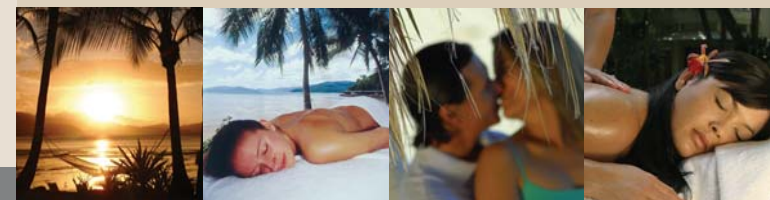
whitsunday club spa



spa relaxation massage



beauty health



Please make bookings in advance to avoid disappointment. All prices include GST. Cancellations made on the day of your appointment will incur a 100% cancellation fee.

SEE SPA FOR BOOKINGS or call extension #1655

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